



## **-TRACKMANCYCLING 12H CIRCUITO DE ALMERIA RULES-**

**Art.1.** The organizing entity of the third edition of **TRACKMANCYCLING 12h Circuito de Almería** is the cycling club *ARISTIDES*.

**III TRACKMANCYCLING 12h Circuito de Almería** will be the **28 May 2016** at the Circuito de Almería located in the Municipality of Tabernas located in the province of Almería.

**Art. 2.** **III TRACKMANCYCLING 12h Circuito de Almería** is both an individual and team endurance competition by riding the maximum distance possible in the Speed Circuit in a limited time of **12 hours or 6 hours** depending on the chosen format.

It will not be obligatory to go 12 consecutive hours as you can take as many breaks and rider changes as established in your strategy.

The race will occur in the speed circuit which normally hosts motor sporting events.

In the “Individual” format, the cyclist does not have to be on the track the entire time but rather can take as many breaks as they deem convenient according to their physical conditioning or their race strategy.

In the “Dual” and “Team” formats, the race will be a relay race in which the cyclists will be able to change as many times as they’d like or decided to as part of their team strategy during the length of the race.

The rider relay area will be open after the 2nd lap from the start of the race.

The team members can follow the race up close but they are not allowed to go onto the track of in the rider relay area.

The cyclists should make the rider changes (unlimited number of times) in a well-defined manner via a baton bracelet.

The rider change should happen with the feet on the ground and not in movement.

The rider change should occur in the lane assigned in Pit Lane in front of the BOX of each team.

It is strictly prohibited to do warm-up exercises in Pit Lane. The cyclists should warmup in the Bike Trainer of the Box or in the areas designated by the organization for warming up.

For security reasons, during the rider change it is prohibited to push the cyclist during their incorporation to the race. Any infraction of this type will be subject to a **penalty of 1 lap for the team**.



There can be only one rider per team inside the circuit. In the case of multiple riders for the team, there will be a sanction of 2 laps and the rider in the circuit without a chip will be excluded from the race.

The Pit Lane access will be closed 15 minutes before the finish of each category of the race (05:45 and 11:45) thus not allowing any rider changes after that point.

There is a maximum speed limit in the **PIT LANE** area.

**Art. 3.** The start of the race will be a moving start. There will be one lap of warmup not allowing the passing of the security vehicle. Once at the starting line and the security vehicle has left, you will wait for the starting pistol to signal the beginning of the race.

Only one member of each team will participate in the start of the race.

**Art. 4.** The Organization reserves the right to suspend the race due to extreme weather anomalies or other situations outside the control of the Organization.

The Organization reserves the right to limit the participation of the race to only those participants whose material and helmet meet the adequate conditions for this competition.

The Organization asks that all participants respect the grounds and that they must remain clean during all times of the race. All those who cause damage and imperfections to the installations or furniture will be directly responsible for the costs.

**Art. 5.** The Organization will provide a security plan for the race that will include:

- Medical and first aid personnel (Ambulance with personnel and A.T.S.)
- The race area will have proper signals and signs, parking areas, race information areas, inscription area, etc...
- Race judges will be placed in various strategic locations in such a way to allow the participants to report any type of incident.
- The team of judges is formed by a director of the race who will be assisted by track judges which will inform the director of any possible infractions by the participants.
- The organizers will do everything possible to guarantee the security of all.

**Art. 6.** The organization will always direct itself to the team captain. If the team captain is riding in the race at the time, the organization will direct itself to the second in command designated in the application form.

**Art. 7.** Riders can participate in the following classifications:

- Individual – Men
- Individual – Women
- 2 Riders - Men.
- 2 Riders - Women.



- 2 Riders - Mixed.
- 4 Team Riders – All Men.
- 4 Team Riders – All Women.
- 4 Team Riders – Mixed (2 men and 2 women).

In order for the categories above to exist in the classification, there must be a minimum of 3 teams inscribed in the group. If this is not met, the teams will then be considered as part of the General classification.

Each team member must make a minimum of 5 laps of the circuit to be able to enter in the classification.

Plaques with timing CHIPS will have different colors to identify the different classifications.

The **PLAQUE** should be placed on the front part of the bicycle so as to be well visible and not folded. The plaque cannot be hidden nor have any of the marketing of the plaque be altered.

If a team consists of both men and women but there are more men than women, the team will be considered in the classification of Team – All Men and not Team - Mixed.

A team captain will be named for each team.

Drafting is permitted

Each one of the inscribed participants will participate with their own bicycle.

Each participant can only be part of one team.

Each team will be identified by an “Alias” name.

**Art. 8.** Participants can use **ROAD, TIME-TRIAL RACING, TRIATHLON** bikes. All other variations are prohibited.

**Art. 9.** The winning team will be the one that completes the most laps during the 12 or 6 hours + the entrance to the finish line. In case of tie, the winner will be the one that crosses the finish line first.

**Art. 10. Prizes.**

Champion Maillot for the winner of each classification.

Trophy for the top three finishers in each classification.

Lottery of sporting material.

During the award ceremony, it is obligatory that the winning participants be present and appropriately dressed in team uniform to go to the podium.



**Art. 11.** There will be controls distributed throughout the circuit. Any irregularity will be sanctioned with a loss of lap and potentially exclusion from the race.

**Art. 12.** The circuit is a designed circuit and it is strictly prohibited to deviate from it under penalty of exclusion of the cyclist and loss of 3 laps for the team.

Both the starting line and the finish line will be appropriately marked and indicated.

All the claims are accepted in a window of 15 minutes after the arrival of the participants of first place. A cash deposit of 150€ will be required to file the claim and will be returned in the case of the claim being honored.

**Art. 13.** Team withdrawals from the race should be communicated to the organization.

**Art. 14.** All participants should respect the other participants during the race.

If a faster rider requests to pass, the other rider should facilitate the passing.

**Art. 15.** It is **MANDATORY** to wear an approved helmet. Entering the track without a helmet implies a sanction or exclusion from the race.

**Art. 16.** It is **MANDATORY** to use a chip and bib provided by the organization during the entire race.

It is totally prohibited to ride the circuit without wearing the “Witness-Bracelet” once the race has started. If there are multiple riders there will be a sanction of 2 laps and the rider without the “witness-bracelet” will be excluded from the race.

It is recommended that all team members wear the same maillot or shirt to allow a better identification.

It is recommended to use suntan lotion or sunblock during the competition.

**Art. 17.** Any infraction of the rules not stipulated in these articles is arbitrated with:

- First instance: warning.
- Second instance: 2 lap penalty.
- Third instance: Expulsion from the race and 5 lap penalty for the team.

**Art. 18. Race interruption.**

In the event of an interruption to the race, the restart of the same race will reflect the position of the riders in the last 10 minutes prior to the stoppage of the race and by the order of laps completed.

The restart of the race will only involve those riders that were racing at the time of stoppage.



The competitors that have withdrawn or been disqualified will remain excluded from the restart.

**Art. 19.** There is a restricted “**Participation Area**” for the exclusive use of the **ORGANIZATION, PARTICIPANTS AND ASSISTANTS**. All others without the proper credentials should remain in the common zones for the **PUBLIC**.

The access to the “Participation Area” will be through the door with the material control in place. The cyclists should present their DNI or official ID and be wearing their helmet with the plaque and bibs correctly placed. The access will be closed 15 minutes prior to the start of the race.

**Art. 20.** The boxes are waiting areas for sporting events and are not camping areas. The boxes are shared by various team and mutual respect is important.

Each team can setup their own tables, chairs and equipment in their box in a respectful and equal manner will all the teams that share the box.

The security in the box areas depends on each team member of all teams

The entrance to the box is restricted to the participants and team assistants.

It is prohibited to smoke in the boxes. Violating this rule can lead to a sanction and potential exclusion from the race.

It is prohibited to throw garbage in the circuit or urinate at the edge of the track.

Glass containers are prohibited in the track and in Pit Lane.

**Art. 21.** A water and food area will be made available to the racers in the area of the boxes

Only in the **Individual format** will an assistant be allowed to attend to the cyclist on the track and provide food and water while in movement. Dual and team formats must take water and food breaks in Pit Lane or once complete the change of riders. An infraction of this article carries a penalty of 1 lap to the team.

Each team will receive a food and water card for accessing the area.

**Art. 22.** In the case of mechanical problems of a team member, the rider should go to the gravel area and wait to be attended by the **rescue vehicle** that will transport them to the boxes to execute the change of riders.

The repairs or changing of material can only be done in the boxes. It is totally prohibited to do this on the track.

There will be a mechanical assistance service available during the race and all material used for any repair will be compensated by the cyclist.

**Art. 23.** All men and women at least **18 years old** can participate in “II TRACKMANCYCLING 12h Circuito de Almería”.

**Art. 24.** Registrations and fees:

6 Hours - Resistance	Price per team * Until January 15	Price per team * Until March 31	Price per team * Until May 19	Price per team * Until May 26
Individual	35 €	40 €	55 €	70 €
Dual (2 riders)	50 €	60 €	70 €	80 €
LICENSE	WITH MANDATORY	INSURANCE DAY	OF THE RACE	+ 10 €
12 Hours – Gran Fondo	Price per team * Until January 15	Price per team * Until March 31	Price per team * Until May 19	Price per team * Until May 26
Individual	50 €	60 €	80 €	100 €
Dual (2 riders)	70 €	80 €	100 €	120 €
Team (4 riders)	120 €	150 €	180 €	200 €
LICENSE	WITH MANDATORY	INSURANCE DAY	OF THE RACE	+ 10 €

**\*\*Limited participation.**

The payment of the inscription fee will be done via bank transfer to an account provided by the organization.

The teams can access the participation zone (BOXES, PIT LANE) with assistants correctly identified (trainers, physical therapists, mechanics...)

Individual: 1 assistant

2 Riders: 2 assistants.

Teams: 2 assistants .

The credentials for the Assitant Paddock will be provided during the bib pickup.

**Inscription rights:**

- Access to the Participation Area for the team.
- Box to share with other teams.
- Access for assistants to the Participation Area.
- Access to the food and water stop in the BOXES area.
- Access to the Parking Paddock (participants). 1 pass per 2 cyclists.
- Possibility to camp with Recreational Vehicle (RV) in an indicated area. (+10€ for electricity and water)
- Participant Prize Bag.
- Clothing dropoff service.
- Electrical terminal available.



- Plaque with control chip for team.
- Identifying bibs.
- Real-time classifications via screens.
- Free WIFI access.
- Classifications once the race is completed.
- Medical Assistance.
- Physical Therapy Assistance.
- Mechanical Assistance.
- Bathrooms and Showers.

**Art. 25.** To participate in the race it is mandatory to be in possession of the corresponding cycling license or SUBSCRIBE for the license for one day with the proportioned insurance by the organization for a cost of ten euros (+10€). These are the only valid insurances accepted by the authorities.

**Art. 26.** To pick up the bib it is **MANDATORY** to present the **DNI or accredited ID and Federation License** in the case that the rider did not subscribe to the insurance proposed by the organization.

The bib pickup can be done by any person in the team identified in the inscription presenting the following documentation:

- Original and photocopy of the DNI or accredited official ID for each participating cyclist.
- Original and photocopy of the up-to-date federation license of each cyclist.
- Rules of TRACKMAN signed on each of the pages by all team members.
- Proof of payment of the inscription fee.

**Briefing:** In order to guarantee the success of the event and maximize the track security, there will be an informative meeting with mandatory attendance for the participants.

**Art. 27. Return policy.**

In the case of no show for a team member or team, the **ORGANIZATION** will not return the inscription fee.

There will be a return of 60% of the inscription fee **only** in the case of injury or sickness if a medical certificate is presented to the **ORGANIZATION** before **April 28, 2016**. The return will be processed once the race is over. No return will be given if this information is received after April 28, 2016.

**Art. 28.** The participant manifests that they are in suitable physical condition for the race at the time of their inscription.



**Art. 29. Release of responsibility:** The participants inscribed in the race understand that they are participating voluntarily under their own responsibility in the competition and release the organization from the possible damages that could occur performing an endurance competition.

**Art. 30.** The Organization is not responsible for any theft, damage or deterioration inside or outside of the Installations.

**Art. 31. Image Rights.** The acceptance of these rules implies that the participant authorizes the organizers of **III TRACKMANCYCLING 12h Circuito de Almería** in all their forms (radio, press, video, photo, DVD, internet, signs, communications, etc) and gives up all the rights relative to the commercial and marketing exploitation that is considered without right on their behalf to receive any economic compensation. This article also extends to photos.

**Art. 32.** The mere act of completing the inscription implies the acceptance of the present rules and renounces all the rights against the organization, renouncing all legal action that could be derived by their participation in the race.

**TEAM:** \_\_\_\_\_

**CAPTAIN:** \_\_\_\_\_ **DNI/ID:** \_\_\_\_\_

**Signed.**

**CYCLIST 2:** \_\_\_\_\_ **DNI/ID:** \_\_\_\_\_

**Signed.**

**CYCLIST 3:** \_\_\_\_\_ **DNI/ID:** \_\_\_\_\_

**Signed.**

**CYCLIST 4:** \_\_\_\_\_ **DNI/ID:** \_\_\_\_\_

**Signed.**